

5. Sommerabendlauf des LAF-Köln rrh.

Ergebnisliste 5km Sommerabendlauf



| Platz | Startnr. | Name | Jahrg. | Zeit |
|-------|----------|---------------------|--------|-------|
| W | | | | |
| 1. | 864 | Celine Schneider | 2004 | 21:14 |
| 2. | 777 | Kirsten Fontes | 1964 | 23:17 |
| 3. | 884 | Rebekka Fendt | 1992 | 25:23 |
| 4. | 811 | Daniela Bose | 1970 | 26:19 |
| 5. | 886 | Lisa Pelzer | 1990 | 27:49 |
| 6. | 830 | Svenja Brand | 1974 | 28:04 |
| 7. | 878 | Uta Hartmann | 1968 | 28:25 |
| 8. | 908 | Rosa Homann | 1997 | 28:31 |
| 9. | 904 | Tina Görtz | 1977 | 29:14 |
| 10. | 796 | Nicola Hansel | 1964 | 29:27 |
| 11. | 849 | Andrea Bönisch | 1977 | 29:28 |
| 12. | 813 | Lina Stehr | 1985 | 29:34 |
| 13. | 881 | Cristina Petito | 1981 | 29:44 |
| 14. | 793 | Laura-Marie Wessel | 2005 | 30:14 |
| 15. | 797 | Daniela Burbach | 1982 | 30:27 |
| 16. | 790 | Yasemin Arman | 1979 | 30:51 |
| 17. | 837 | Esther Foley | 1966 | 30:59 |
| 18. | 910 | Claudia Florczak | 1964 | 32:27 |
| 19. | 898 | Sonja Hegel | 1988 | 32:32 |
| 20. | 852 | Anja Bargon | 1963 | 32:50 |
| 21. | 824 | Ute Schaaf | 1968 | 34:30 |
| 22. | 801 | Ludmilla Schnabel | 1983 | 34:36 |
| 23. | 172 | Marija Hohmann | 1972 | 35:16 |
| 24. | 129 | Rebekka Gleim | 1997 | 35:17 |
| 25. | 912 | Eva-Maria Rohrmoser | 1954 | 36:47 |
| 26. | 826 | Kristina Cremers | 1979 | 37:37 |
| 27. | 802 | Katharina Weiß | 1988 | 41:29 |
| 28. | 853 | Verena Weißenfels | 1985 | 57:24 |
| m | | | | |
| 1. | 807 | Ezzamzami Abaid | 1990 | 15:15 |
| 2. | 865 | Norbert Schneider | 1960 | 18:01 |
| 3. | 855 | Niklas Kaufmann | 2002 | 18:14 |
| 4. | 791 | Heiko Wilmes | 1969 | 18:37 |
| 5. | 810 | Björn Opitz | 1974 | 19:49 |
| 6. | 818 | Patrick Juchem | 1994 | 19:55 |
| 7. | 819 | Niclas Porten | 1996 | 20:02 |
| 8. | 815 | Andre Soldwedel | 1984 | 20:09 |
| 9. | 894 | Enes Erguel | 1978 | 20:28 |
| 10. | 839 | Lukas Schnabel | 1990 | 20:33 |
| 11. | 800 | Heinz Lorbach | 1950 | 20:58 |
| 12. | 841 | Jan Merheim | 2007 | 21:20 |
| 13. | 843 | Finn Merheim | 2007 | 21:20 |
| 14. | 225 | Johannes Ewald | 1981 | 21:51 |
| 15. | 840 | Dirk Wetzke | 1978 | 22:17 |
| 16. | 842 | Peter Merheim | 1969 | 23:18 |
| 17. | 906 | Niklas Solscheid | 1987 | 23:33 |
| 18. | 885 | Thomas Aretz | 1988 | 23:34 |
| 19. | 835 | Frank Jarsch | 1969 | 23:46 |
| 20. | 955 | Norbert Herrndorf | 1954 | 24:05 |
| 21. | 836 | Maik Zimmermann | 1968 | 24:31 |

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| Platz | Startnr. | Name | Jahrg. | Zeit |
|-------|----------|--------------------|--------|---------|
| 22. | 822 | Marcus Meyer | 1971 | 24:53 |
| 23. | 858 | Jürgen Cremer | 1962 | 25:00 |
| 24. | 788 | Vishnu Omana | 1989 | 25:03 |
| 25. | 83 | Jan Cremers | 2008 | 25:05 |
| 26. | 909 | Roland Kozilek | 1980 | 25:13 |
| 27. | 789 | Reda Jebrouni | 1977 | 25:39 |
| 28. | 982 | Nico Burghardt | 1996 | 25:55 |
| 29. | 776 | Sascha Kläring | 1994 | 25:56 |
| 30. | 235 | Bernd Alsch | 1961 | 26:06 |
| 31. | 794 | Gustav Klever | 1948 | 26:10 |
| 32. | 812 | Klaus Lieth | 1968 | 26:20 |
| 33. | 911 | Thomas Szmek | 1978 | 26:22 |
| 34. | 832 | Dirk Dreier | 1975 | 26:28 |
| 35. | 859 | Thomas Konrad | 1987 | 27:07 |
| 36. | 848 | Yannick Bönisch | 2008 | 27:08 |
| 37. | 816 | Peter Rank | 1951 | 27:15 |
| 38. | 866 | Dominikus Rotkopf | 1966 | 27:22 |
| 39. | 783 | George Kurian | 1989 | 27:32 |
| 40. | 897 | Steffen Skopp | 1978 | 27:53 |
| 41. | 128 | Tim Schäfer | 2000 | 28:33 |
| 42. | 820 | Jonny Liebelt | 1953 | 29:04 |
| 43. | 891 | Philipp Rosenecker | 1984 | 29:06 |
| 44. | 903 | Patrick Wergen | 1976 | 29:14 |
| 45. | 814 | Michael Schardt | 1954 | 29:24 |
| 46. | 883 | Christof Borringo | 1986 | 29:24 |
| 47. | 882 | Andreas Dömmecke | 1963 | 29:45 |
| 48. | 860 | Nour Khammar | 2004 | 29:49 |
| 49. | 892 | Sebastian Woiczik | 1985 | 29:52 |
| 50. | 150 | Till Meyer, | 1996 | 29:54 |
| 51. | 784 | Rajesh Tes | 1989 | 30:11 |
| 52. | 838 | Luke Foley | 2008 | 30:53 |
| 53. | 127 | Peter Menne | 1991 | 32:01 |
| 54. | 901 | Jonas Sinne | 2001 | 32:29 |
| 55. | 899 | Ludwig Schanze | 1962 | 32:31 |
| 56. | 829 | Markus Kronen | 1965 | 33:15 |
| 57. | 805 | Andreas Weiß | 1984 | 35:11 |
| 58. | 785 | Sheerat D.S. | 1985 | 35:15 |
| 59. | 889 | Holger Oehl | 1967 | 35:31 |
| 60. | 863 | Ludwig Gofferje | 2009 | 35:39 |
| 61. | 981 | Peter Niessen | 1954 | 38:13 |
| 62. | 825 | Andreas Michels | 1971 | 38:15 |
| 63. | 782 | Jacob Alexy | 1981 | 49:42 |
| 64. | 135 | Tim Neubert | 1998 | 1:04:12 |

Anzahl Teilnehmer: 92